



THE FEEL BETTER LOUNGE.



WELLNESS for a CAUSE

WELLNESS THAT GIVES BACK



Wellness for a Cause is a fun, feel-good fundraising event that helps your organization raise money while giving your supporters an opportunity to invest in their own health. Invite your donors, volunteers, families, and community to experience **The Feel Better Lounge's** wellness services, and **we'll donate 25% of all proceeds from the event back to your nonprofit, with the minimum donation of \$1000.** It's a unique way to bring people together, promote healthy habits, and make a meaningful impact—one visit at a time.

Whether you're looking to relax, recharge, improve recovery, reduce stress, or simply feel better, there's something for everyone. Guests can enjoy a variety of science-backed experiences that support whole-body wellness—including wellness IVs, cryotherapy, red light therapy, compression therapy, dry float sessions, and robotic massage.

BENEFITS



Raise funds without asking for another donation.



Fresh alternative to bake sales, golf tournaments, walks & runs.



Promote healthier communities.



Strengthen relationships with your supporters.



Support a local business that's committed to Giving Back.

WE PROVIDE YOU WITH ALL THE PROMOTIONAL MATERIALS



WELLNESS SERVICES:



RED LIGHT THERAPY



ROBOTIC MASSAGE



DRY FLOAT RELAXATION



VITAMIN IV WELLNESS



WHOLE BODY CRYO



RELAXATION THERAPY



THE FEEL BETTER
LOUNGE® WELLNESS *for a* CAUSE
WELLNESS THAT GIVES BACK

Why Partner with The Feel Better Lounge?

The Feel Better Lounge is more than a wellness destination—we're a locally owned business committed to helping people feel their best while giving back to the communities we serve. Through Wellness for a Cause, we've created a unique fundraising opportunity that allows nonprofits to raise money in a way that's fun, meaningful, and beneficial for everyone involved.

Unlike traditional fundraisers, your supporters don't just make a donation—they leave feeling refreshed, energized, and cared for. Whether they're looking to reduce stress, boost energy, improve sleep, relieve sore muscles, or simply take time for themselves, our innovative wellness services help them invest in their own health while investing in your mission.

A Partnership Your Supporters Can Trust

When you partner with The Feel Better Lounge, you're partnering with a team that puts safety, quality, and people first.

- Locally owned and community focused, proudly serving the Richmond area.
- Licensed medical professionals are always on-site, ensuring every guest receives safe, personalized care.
- We provide science-backed wellness therapies in a clean, welcoming, and professional environment.
- Our experienced team takes care of the event experience, making it easy for your organization to participate.

Why Wellness for a Cause Works

- Your supporters receive something valuable in return for their participation.
- **Your nonprofit earns 25% of every purchase made during the event, with a minimum donation of \$1,000.**
- It's a unique alternative to restaurant nights and traditional fundraising events.
- It encourages healthy habits, self-care, and community connection.
- There's very little planning required—our team helps make the event a success.
- Everyone wins: your organization raises funds, your supporters feel better, and together we create a healthier community.

Feel Better. Do Good.

It's fundraising with purpose—a partnership that helps your organization make a greater impact while helping the people who support you live healthier, happier lives.



Relief.
Restoration.
Real Life.

ALL IN ONE BUILDING.



INTEGRATIVE
PAIN
SPECIALISTS

DOWNSTAIRS
FEEL BETTER RVA



THE FEEL BETTER ———— ♥ ————
LOUNGE® WELLNESS *for a* CAUSE
WELLNESS THAT GIVES BACK

Messaging on how to participate for your patrons:

How It Works

1. Choose any Wellness for a Cause package and purchase your gift card during your organization's fundraiser. 25% of your purchase goes right back to the nonprofit.

Link to purchase – <https://flow.page/wellnessforacause>

2. Then, you can:

- Come see us on the fundraising day and enjoy your services, OR
- Save your gift card and come another time. You have a full year to use it!

That's it. You don't have to schedule everything on the fundraising day.
Simply purchasing your package helps raise money.

Buy one for yourself, give one as a gift—or do both. 🎁

You feel better. Your nonprofit raises money. Everybody wins.



Wellness Services You Can Schedule to Support Podium:

Wellness Packages:

Treat Yourself - Pick 2 services - red light therapy, cryotherapy, dry float, iceless cold/compression and/or Maenne -	\$99
Reset Package - 30-min massage + one of - red light therapy, dry float, cryotherapy, cold/compression or Maenne -	\$125
Good as New - Red Light, Cryotherapy, Dry Float or Maenne + 30-minute massage & Happy Hour IV -	\$250
Full Feel Good Experience - Feel Better Blend IV; Pick 2 - red light therapy, cryotherapy, dry float, iceless cold/compression and/or Maenne; 30-minute massage + FREE mocktail!	\$500

Purchase your Wellness Package gift card and It can be used on the day of your fundraising event or use it when it's convenient for you!

Link to purchase the packages - <https://flow.page/wellnessforacause>

Services We Offer:



AI Robotic Massage

Relieves muscle tension, Helps loosen tight areas, Promotes relaxation, Fully customizable pressure & focus areas, A great reset for your body.



Red Light Therapy

Supports healthy skin & glow, Helps soothe sore muscles, Supports workout recovery, Promotes healthy circulation, Relaxing, no-downtime.



Whole Body Cryotherapy

Helps ease muscle soreness, Supports post-workout recovery, Quick energy boost, Helps you feel refreshed, Only takes a few minutes.



IV Wellness

Supports hydration, + vitamins & nutrients, Supports energy levels, Great after travel or busy weeks, Customized to how you want to feel.



Cold/Compression Therapy

Supports muscle recovery, Helps reduce post-exercise soreness. Promotes healthy circulation, Great for active lifestyles.



Dry Float Therapy

Deep relaxation without getting wet, Encourages stress relief, Gives tired muscles a break, A peaceful escape from your day.



Maenne - Relaxation Therapy

Deep relaxation without getting wet, Helps quiet a busy mind, Encourages stress relief, Gives tired muscles a break, A peaceful escape from your day.